

33rd Sunday after Pentecost (Jan. 11/24)
Afterfeast of Theophany
Commemoration of our Venerable Father Theodosius the Great

VESPERS: Tone 8

- P. Regular Beginning
 C. Lord I have cried... (Tone 8)
1. We **offer** up to **Thee**, O Christ,/ our evening hymn and reasonable **service**/ for it hath pleased Thee to have **mercy** upon us// by Thy Resurrection.
 2. Lord, **Lord**, cast us not **away** from Thy face,/ but be pleased to have mercy upon us// by Thy Resurrection.
 3. **Rejoice**, O holy **Zion**,/ Mother of Churches and **dwelling**-place of God,/ for Thou hast been the first to **receive** remission of sins// by the Resurrection.

Stichera for the Feast (Tone 4)

4. Having **humbled** Himself in manner past understanding,/ the Lord said: "Thou hast seen how I have clad Myself in thine **image**,/ which I **Myself** have created./ What, then, is so **strange**, My friend,/ if I also bow beneath the hand of thee who art one of my **minions**;/ and if, naked, I clothe Myself in the **waters**?/ For, in that I am **compassionate**,// I wish to clothe the naked in everlasting **incorruption**."
5. "**Thou** hast shown Thyself **incarnate**,/ yet the womb which received Thee remaineth **unconsumed**;/ for the **furnace** which did not consume the youths long ago serveth as an **image** thereof./ But how can I, who am grass touch Fire **with** my hand,/ O Jesus Almighty, Thou Saviour **of** our souls,// before Whom all in heaven and on earth do **tremble**?"
6. "In the **waters** of the Jordan do thou **wash** Me,/ Who in nowise am defiled," the **Lord** said;/ "and human **nature** which hath been defiled by the transgression of **Adam**,/ will be washed **clean** as new./ For when I am **baptized**// all men will be renewed by water and the **Spirit**."

Stichera for the Saint (Tone 5)

- 7/8. **O** venerable father, God-bearing **Theodosius**,/ thou didst struggle mightily in this **transitory** life,/ and wast a model for thy disciples in hymnody, fasting and the keeping of **vigil**./ And now thou joinest chorus with the **incorporeal** ones,/ unceasingly **glorifying** Christ:/ God the Word and Deliverer, Who is **from** God,/ Who bowed His head before the Forerunner, and hath sanctified the nature of **water**./ Him do thou entreat, to Him do thou pray, O **venerable** one,// that He grant unto the Church oneness of mind, **peace** and great mercy.
9. **O** venerable father, God-bearing **Theodosius**,/ having found thy soul pure, as it **desired**,/ the grace of the All-holy Spirit dwelt within thee as an all-**holy** light,/ and with its activity thou wast **splendidly**

adorned./ Thou didst unceasingly glorify Christ, the one Son in two natures,/ Who is baptized at the hand of the Forerunner,/ and borne witness to by the Father's voice./ Him do thou beseech, to Him do thou pray, O venerable one,// that He grant the whole world oneness of mind, **peace** and great mercy.

10. O venerable father, God-bearing Theodosius,/ abundantly hast thou been vouchsafed the **blessed** life,/ having acquired it through purity and **fasting**;/ for, having lived, thou wast translated to the life on high, telling **all** to rejoice./ With the incorporeal ones thou dost unceasingly **glorify** Christ,/ Who ineffably took flesh of the **Virgin**,/ and hath drowned our sins by His baptism in the **Jordan's** streams./ Him do thou entreat, to Him do thou pray, O **holy** one,// that He grant the whole world oneness of mind, **peace** and great mercy.

Glory... (Tone 2)

O venerable father, the **river's** streams,/ the waters of remission, made glad thy **sacred** soul/ like a city of the **living** God,/ Christ our God Who crossed the **Jordan**/ and hath poured forth the world of **piety**/ upon all the **ends** of the earth.// Him do thou entreat, O most blessed Theodosius, that our **souls** be saved.

Both... Dogmatikon (Tone 8)

In His **love** for mankind,/ the King of Heaven appeared upon earth and **dwelt** among men./ For He took flesh of a pure **Virgin**,/ and thus incarnate He came **forth** from her./ The only **Son** is He:/ twofold in nature, but not in **person**./ In proclaiming Him perfect man and perfect **God** indeed,/ we confess **Christ** our God.// Beseech Him, O Mother without wedlock to have mercy upon our souls.

P. Wisdom. Aright!

C. O Joyful Light...

P. Prokimenon. The Lord is King...

P. Wisdom!

The Reading from the Book of Wisdom 5:15-6:3

But the righteous live for evermore; their reward also is with the Lord, and the care of them is with the most High. Therefore shall they receive a glorious kingdom, and a beautiful crown from the Lord's hand: For with His right hand shall He cover them and with His arm shall He protect them. He shall take to him His jealousy for complete armor, and make the creature His weapon for the revenge of His enemies. He shall put on righteousness as a breastplate, and true judgment instead of a helmet. He shall take holiness for an invincible shield. His severe wrath shall He sharpen for a sword, and the world shall fight with Him against the unwise. Then shall the right aiming thunderbolts go abroad; and from the clouds, as from a well-drawn bow, shall they fly to the mark. And hailstones full of wrath shall be cast as out of a stone bow, and the water of the sea shall rage against them, and the floods shall cruelly drown them. Yea, a mighty wind shall stand up against them, and like a storm shall blow them away: Thus iniquity shall lay waste the whole earth, and ill-dealing shall overthrow the thrones of the mighty. Hear therefore, O ye kings, and understand; learn, ye that be judges of the ends of the earth. Give ear,

ye that rule the people, and glory in the multitude of nations. For power is given you of the Lord, and sovereignty from the Highest.

The Reading from the Book of Wisdom 3:1-9

But the souls of the righteous are in the hand of God, and there shall no torment touch them. In the sight of the unwise they seemed to die: And their departure is taken for misery, and their going from us to be utter destruction: But they are in peace. For though they be punished in the sight of men, yet is their hope full of immortality. And having been a little chastised, they shall be greatly rewarded: For God proved them, and found them worthy for Himself. As gold in the furnace hath He tried them, and received them as a burnt offering. And in the time of their visitation they shall shine, and run to and fro like sparks among the stubble. They shall judge the nations, and have dominion over the people, and their Lord shall reign forever. They that put their trust in Him shall understand the truth: And such as be faithful in love shall abide with Him: For grace and mercy is to His saints, and He hath care for his elect.

The Reading from the Book of Wisdom 4:7-16

Though the righteous be prevented with death, yet shall he be in rest. For honorable age is not that which standeth in length of time, nor that is measured by number of years. But wisdom is the gray hair unto men, and an unspotted life is old age. He pleased God, and was beloved of Him; so that, living among sinners, he was translated. Yea, speedily was he taken away, lest that wickedness should alter his understanding, or deceit beguile his soul. For the bewitching of naughtiness doth obscure things that are honest; and the wandering of lust doth undermine the simple mind. He, being made perfect in a short time, fulfilled a long time; for his soul pleased the Lord: therefore hastened He to take him away from among the wicked. This the people saw, and understood not, neither laid they up this in their minds: that His grace and mercy is with His saints, and that He doth visit His chosen.

- P. Augmented Litany
 R. Vouchsafe...
 P. Litany of Fervent Supplication

C. Litya
Sticheron for the Feast (Tone 2)

Today Christ hath come to be baptized in the Jordan!/
 Today John toucheth the head of the Master!/
 The hosts of heaven were in awe,/
 beholding this all glorious mystery;/
 the sea saw and fled, the Jordan,
 seeing it, turned back./
 But we, illumined, cry out: Glory to God//
 Who hath appeared, was seen on earth and hath illumined the world!

Sticheron for the St Theodosius (Tone 5)

O father Theodosius, thou didst truly pass with rejoicing/
 and gladness of soul to the wondrous tabernacle,/
 even unto the house of God,/
 and desiring to hear the voice of those who keep festival,/
 and their beautiful and sweet hymnody,/
 and to share in their ineffable spiritual delight and consolation therein,/
 O blessed one, thou didst mortify thy flesh./
 This thou didst receive, adorned with divine righteousness,/
 and thou entreatest Christ, that He grant our souls great mercy.

Glory... of St. Theodosius (Tone 6)

O venerable father,/ report of thy corrections hath gone forth into all the earth./ Wherefore, thou hast found the reward of thy labors in the heavens,/ hast destroyed hordes of the demons,/ and attained unto the ranks of the angels,/ whose life thou didst blamelessly emulate./ As thou hast boldness before Christ God,// ask peace for our souls.

Both... of the Feast (Tone 2)

Thou didst bow Thy head before the Forerunner,/ and didst crush the heads of the serpents./ Having come to the streams, thou didst illumine all things,/ that they may glorify Thee, O Saviour,// Thou Enlightenment of our souls.

P. *Litya prayers in back of Church*

APOSTICHA: (Tone 8)

1. O **Jesus** Who came down from **heaven**,/ Thou didst ascend upon the Cross and didst **come** to die,/ O **Immortal** Life,/ true Light for those sitting in **darkness**:/ and the Resurrection of all the **fallen**::// Glory unto Thee, our Saviour, Who **enlightens** us.

V. The Lord is King,/ and hath put on glorious **apparel**.

2. **Let** us glorify Christ risen **from** the dead,/ Who took upon Himself **body** and soul,/ and separated them one from another by His **Passion**:/ for His most pure soul went down to hell which **He** despoiled;/ and in the tomb the Holy Body of the **Deliverer** of our souls// knew not **corruption**.

V. He hath made the world so sure/ that it **cannot** be moved.

3. We **glorify** Thy Resurrection from the **dead**, O Christ,/ in **psalms** and song,/ for by it Thou hast freed us from the **torments** of hell,/ and hast, since **Thou** art God,// granted eternal life and Thy great **mercy**.

V. Holiness becometh Thine house/ O Lord, **forever**.

4. O **Lord** of all, incomprehensible Maker of **heaven** and earth,/ through Thy passion **on** the Cross,/ Thou hast freed me from **passions**./ After enduring burial, Thou hast risen in **glory**,/ raising up Adam with Thy **mighty** arm./ Glory be to Thy Resurrection on the **third** day,/ by which Thou hast endowed us with **eternal** life/ and granted us the **cleansing** of our sins,// for Thou alone art **compassionate**.

Glory... (Tone 8)

Multitudes of monks honour thee as their instructor, O Theodosius our **father**./ For, following thy steps, we have truly learned to **walk** aright./ Blessed art thou who, having **labored** for Christ,/ didst denounce all the power of the **enemy**,/ O conversor with the angels, companion of the venerable and the **righteous**::// With them entreat the Lord, that our souls find **mercy**.

Both now and ever... (Tone 8)

The angelic **armies** were struck with awe at **what** they beheld,/ when Thou, O Saviour, didst stand naked in the **waters**,/ and bowed Thine all-pure

head to be **baptized** by John./ For when, of Thine own will, Thou didst impoverish Thyself, the **world** was made rich.// Glory to **Thee**, O Lord!

C. St. Symeon's Prayer
 R. Trisagion
 C. Rejoice, O Virgin Theotokos 2x

Troparion of the Feast (Tone 1) x1

O Lord, when Thou wast baptized in the River Jordan,/ worship of the Trinity was revealed./ For the voice of the Father did come forth to testify/ and to name Thee His most beloved Son./ And the Spirit in the likeness of a dove,/ confirmed the Truth of the Word./ Thou hast appeared and hast given light to the world,// O Lord, Glory to Thee!

Blessed be the Name of the Lord... x3
 Psalm 33:1-10

P. Dismissal

MATINS: Tone 8

P. Regular Beginning
 P. Great Ectenia
 C. God is the Lord...

C. Sunday Troparia (Tone 8) 2x
 Thou didst descend from on high, O merciful one./ Thou didst endure the three day burial/ to free us from our sufferings.// O Lord, our Life and Resurrection, Glory to Thee.

Glory... Troparion for the Saint (Tone 8)
 With the streams of thy tears thou didst cultivate the barren desert;/ and with sighs from the depths of thy soul thou didst bring forth fruit an hundredfold;/ and thou wast a beacon for all the world, shining forth miracles.// O Theodosius our father, entreat Christ God, that our souls be saved.

Both now and ever... Troparion of the Feast (Tone 1)
 O Lord, when Thou wast baptized in the River Jordan,/ worship of the Trinity was revealed./ For the voice of the Father did come forth to testify/ and to name Thee His most beloved Son./ And the Spirit in the likeness of a dove,/ confirmed the Truth of the Word./ Thou hast appeared and hast given light to the world,// O Lord, Glory to Thee!

Lord Have Mercy 3x
 Glory...

R. Now...
 R. Kathisma II
 P. Small Ectenia

R. Sessional Hymns:
 Thou didst arise from the dead, O Life of all, and the radiant angel cried to the women: "Cease your weeping! Declare unto the apostles, and

cry aloud, singing: Christ the Lord hath risen, Whose good pleasure, as God, it hath been to save the human race!"

V. Arise, O Lord my God, let Thy hand be lifted high; forget not Thy paupers to the end.

O Thou Who didst truly rise from the dead, Thou didst command the venerable women to proclaim Thine arising to the apostles, as it is written; and speedy Peter ran quickly to Thy tomb and, beholding a light within the sepulcher, was filled with awe. Wherefore, seeing the grave-clothes lying without the divine body in them, he cried out with faith: "Glory to Thee, O Christ God our Saviour, for Thou savest all, in that Thou art the Effulgence of the Father!"

G/B... Thou, O good Lord, for our sakes wast born of a Virgin and hast endured crucifixion, despoiling death by death, and as God, Thou hast shown forth the Resurrection. Despise not the work of Thine hands. Show Thy love for man, O merciful Lord. Accept the intercession made on our behalf by the Theotokos who bore Thee, and, O our Saviour, save Thy despairing people.

R. Kathisma III
P. Small Ectenia

R. Sessional Hymns:

Men sealed Thy tomb, O Saviour, but an angel rolled the stone away from its entry. The women beheld Thee risen from the dead, and in Sion they proclaimed to Thy disciples the glad tidings that Thou hadst arisen, O Life of all, and that the bonds of death are broken. O Lord, glory be to Thee!

V. I will confess Thee, O Lord, with my whole heart, I will tell of all Thy wonders.

The women who bore the burial spices heard from the tomb the voice of the angel, saying: "Cease your weeping, and receive joy instead of grief! Cry aloud, singing that Christ the Lord hath risen, Whose good pleasure it hath been, as God, to save the human race!"

G/B... All creation—the assembly of angels and the human race—rejoiceth in thee, O thou who art full of grace, O sacred temple and reason-endowed paradise, thou boast of virgins, from whom God, Who existeth from before time, was incarnate and became a child; for He made thy loins a throne, and thy womb He made more spacious than the heavens. All creation rejoiceth in thee, O thou who art full of grace. Glory to thee!

C. Polyeleos
P. Magnification (once only by clergy)
We bless thee,/ O venerable father Theodosius, and we honor thy holy memory,/ thou instructor of monastics// and conversor with the angels.

C. Evlogitaria (Blessed art Thou, O Lord...)
P. Small Ectenia

R. Ypakoe:

Standing before the tomb of the Bestower of life, the myrrh-bearing women sought the immortal Master among the dead; and receiving the joyous announcement from the angel, they exclaimed to the apostles that Christ God is risen, granting the world great mercy.

R. Sessional Hymns

Joshua son of Nun, leading the people and the ark of God across the Jordan River, was a shadowy image of the benefaction which was to come: for, in the Spirit, the mystic crossing doth represent both an image of our restoration and a true picture of our regeneration. Christ hath appeared in the Jordan to sanctify the waters.

Beholding the Word, Who is equal in honour to the Father and the Spirit, incarnate and baptized in the His loving-kindness, the choirs of the angels trembled. And the River Jordan, stricken with awe and fear, turned back, bearing up to the summit of salvation us who have become corrupt through the passions.

Lifting up thy hands to the divine summit, thou wast shown to be a pillar of light, resplendent with beams of prayer, O venerable one. For, furnishing thy mind with wings to soar aloft to the heavens, thou hast illumined all, as a partaker of ineffable things, praying to Christ God, that He grant us great mercy.

G/B ... Today the Master hath come to the Jordan, to be baptized in its waters by the divine Forerunner. And the Father hath borne witness from on high, saying: "This is My Son, in Whom I am well pleased!" And the Spirit hath appeared over Him in the strange form of a dove.

Hymn of Degrees: (Antiphon One)

From my youth hath the enemy tempted me, causing me to burn with pleasures; but, trusting in Thee, O Lord, I vanquish him.

Let those who hate Sion be as grass before it is mowed down; for Christ will cut through their necks with the scythe of torments.

G/B... By the Holy Spirit are all things given life. Him do we praise with the Father and the Word, as Light from Light, the great God.

Hymn of Degrees: (Antiphon Two)

Let my heart, humble of mind, be covered with the fear of Thee, O most Compassionate One, and let it not, exalting itself, fall away from Thee.

May he who setteth his hope on the Lord not be terrified when all things will be tried by fire and torment.

G/B... Through the Holy Spirit doth every godly man see and prophesy, working exalted miracles, and hymning the one God in Three Persons; for though Three shine together, the Godhead ruleth as One.

Hymn of Degrees: (Antiphon Three)

I have cried unto Thee: Hearken, O Lord, and incline Thine ear to me who cry out; and before Thou takest me away from hence make me pure.

Everyone who returneth to his mother, the earth, is released to receive torments or honours for those things he did during life.

G/B... Through the Holy Spirit proceedeth the theology of the thrice-holy Unity: for the Father is unoriginate, and from Him hath the Son been begotten timelessly, and the Spirit is equally enthroned and hath the same image, shining forth from the Father.

Hymn of Degrees: (Antiphon Four)

Behold now, what is so good or so beautiful as for brethren to dwell together? For therein hath the Lord promised life eternal.

He Who adorneth the lilies of the field doth warn that it is not fitting for man to give thought to his raiment.

G/B... By the Holy Spirit, the single Cause, are all things sustained through the bestowal of peace; for He is God, Who in dominion is consubstantial with the Father and the Son.

P. Prokimenon: (Tone 8)

The Lord shall be king unto eternity;/ Thy God, O Zion, unto generation and generation.

V. Praise the Lord, O my soul. I will praise the Lord in my life.

C. Let every breath praise the Lord.

P. GOSPEL #11

C. Having Beheld the Resurrection of Christ...

R. Psalm 50

C. Glory... Now... Have mercy on me... Jesus having risen...

P. Save, O God, Thy People...

Anointing.

Canticle One

Irmos: The staff of Moses, once working a wonder,/ striking the sea in the form of the Cross and dividing it,/ drowned the mounted tyrant Pharaoh,/ and saved Israel// who fled on foot, chanting a hymn unto God.

Glory to Thy Holy Resurrection, O Lord.

How shall we not wonder at the almighty divinity of Christ, Who through His sufferings sheddeth dispassion and incorruption upon all the faithful, and poureth forth a wellspring of immortality from His holy side and life ever-lasting from His tomb?

The magnificent angel hath now appeared to the women, bearing splendid tokens of natural and immaterial purity, by his appearance proclaiming the light of the resurrection, crying: The Lord is risen!

Theotokion

All-glorious things have been said of thee among generations of generations, O thou who contained God the Word in thy womb, remaining pure, O Mary Theotokos; wherefore, we all honour thee, our help after God.

Glory to Thee, Our God, glory to Thee!

When the light of the radiant Dawn shone forth upon mortal men, coming forth from the wilderness to the waters of the Jordan, Thou, O King of the Sun, didst bow Thy neck before him, that Thou mightest ransom our forefather from the minions of darkness and cleanse creation of all defilement.

O Word Who art without beginning, Thou hast buried man with Thyself in the stream, and Thou dost lead him forth new again, who had been corrupted by deception; and the mighty voice of the Father testifieth to Thee ineffably, saying: This is My beloved Son, the Child Who is equal to Me by nature.

Holy father Theodosius, pray to God for us! (Read 4)

As our wise general, O father Theodosius, do thou in godly manner lead the hymn to Christ God, Who came to save the whole world and with Himself hath glorified thy most holy memory.

The Forerunner of Christ, who sprung forth from Elizabeth of the lineage of Aaron, came from the desert; and Theodosius, reborn through the Spirit in the font of baptism, becometh a citizen of the desert, following after Jesus.

When Christ was baptized in the streams, the arrogance of the Israelite synagogue was cast down, and the angelic way of life was planted in the Church, which thou didst steadfastly lead, O most blessed Theodosius.

Glory... Sharing, through fasting, in the suffering of Him Who, for our sake, was nailed to the Cross, O father Theodosius, thou didst also worthily emulate His resurrection, and becomest an heir to glory.

Both... The divine choir of maidens doth in manner most divine call thee comely among women and adorned with the beauties of godliness, O Mistress Theotokos; for in manner past recounting thou gavest birth unto the beneficent Word.

C. Katavasia (Tone 2)

The Lord mighty in battle/ uncovered the foundations of the deep/ and led His servants on dry ground:/ but He covered their adversaries with the waters,// for He has been glorified.

Canticle Three

Irmos: O Christ Who in the beginning/ established the heavens in wisdom/ and founded the earth upon the waters,/ make me steadfast upon the rock of Thy commandments;// for none is holy as Thee, O Thou Who lovest mankind.

Glory to Thy Holy Resurrection, O Lord.

Adam, who was condemned by his sinful tasting, didst Thou justify by the saving suffering of Thy flesh, O Christ; for Thou Thyself wast not subject to the trial of death, O Sinless One.

Jesus my God, the Light of the resurrection, shone forth upon those sitting in darkness and the shadow of death, and binding the mighty one with His divinity, He despoiled his vessels.

Theotokion

O Theotokos, thou hast been shown to be more exalted than the cherubim and seraphim; for thou alone didst receive the uncontainable God in thy

womb, O undefiled one. Wherefore, all of us, the faithful, bless thee with hymns, O pure one.

Glory to Thee, Our God, glory to Thee!

He who once assumed the guise of a malignant serpent and planted death in the garden of creation, is now cast into darkness by Christ's coming in the flesh; and by assailing the Master, the Dawn which hath shone forth upon us, he crusheth his own loathsome head.

The Master draweth to Himself the divinely crafted nature of man, which had been overthrown by the tyranny of greed; and He restoreth mortal men, granting them a new birth, and accomplishing thereby a mighty work; for He is come to cleanse our nature.

Holy father Theodosius, pray to God for us!

The Lord Who covered the chambers with the waters hath clad His body in the streams of the Jordan; and therein hath my heart been established.

The divine light which shone forth in the Jordan hath shown thee to those on earth as a divinely bestowed scion of blessing and goodwill, O Theodosius.

Thou didst forsake the world and the things of the world, O venerable Theodosius, emulating the Master's nakedness in the Jordan.

Glory... Taking the Cross of the Saviour upon thy shoulder, thou didst hasten to His tomb, like a deer unto springs of saving water, O most blessed Theodosius.

Both... At thy birthgiving, the ranks of the angels were stricken with awe, and the hearts of men were filled with fear; wherefore, we honour thee with faith, O Theotokos.

C. Katavasia (Tone 2)

The Lord, Who givest strength to our kings/ and exalts the horn of His anointed,/ is born of a Virgin and comes to baptism./ Therefore let us, the faithful, cry aloud:// None is holy as our God and none is righteous save Thee, O Lord.

P. Small Ectenia

C. Kontakion of the Feast (Tone 4) (See the music)

Today hast Thou appeared to the world, O Lord,/ and Thy light hath been signed upon us/ who chant to Thee with understanding:/ Thou hast come and hast revealed Thyself,// O Light unapproachable!

R. Ikos of the Feast

Upon Galilee of the nations, upon the land of Zebulun and the land of Naphtali, as the prophet said, a great Light hath shone, even Christ. A radiant Beam hath dawned upon those who sat in darkness, shining forth from Bethlehem. The Lord born of Mary, the Sun of righteousness, shineth forth with splendor upon the whole world. Come, therefore, all ye naked children of Adam, and let us clothe ourselves in Him, that we may be warmed; for He

Who covereth the naked and enlighteneth those in darkness, hath come. He hath appeared, the Light unapproachable!

C. Kontakion for St. Theodosius the Great (Tone 8)

Planted in the courts of thy Lord, thou didst flourish most beauteously in thy venerable virtues,/ and didst increase in number thy children in the desert,/ watering them with the torrents of thy tears, O godly chief shepherd of the flock of God.// Wherefore, we cry out: Rejoice, O father Theodosius!

R. Ikos

Thou wast a man by nature, O father, yet wast shown to be a fellow citizen with the angels; for, living on earth like one of the incorporeal ones, O wise one, thou didst put aside every carnal thought. Wherefore, thou hearest from us: Rejoice, scion of a pious father; rejoice, offshoot of a devout mother! Rejoice, most comely citizen of the desert; rejoice, most radiant beacon for all the world! Rejoice, for from thy youth thou didst follow after Christ; rejoice, for thou didst cause carnal pleasures to wither away! Rejoice, mediator for the salvation of monastics; rejoice, model of consolation for the despondent! Rejoice, thou who didst deliver many from deception; rejoice, thou who bestowest torrents of miracles! Rejoice, thou who didst show care for the poor; rejoice, our intercessor and deliverer! Rejoice, O father Theodosius!

R. Sessional Hymns

Having adorned thy soul in godly manner with abstinence, pangs and prayer, thou becamest a companion of the martyrs, O blessed one, and didst truly receive gifts of miracles, to heal the afflictions of those who honour thee with faith. Wherefore, driving out multitudes of the demons, thou bestowest healings upon men through grace, O God-bearer Theodosius. Entreat Christ God, that He grant remission of sins unto those who with faith celebrate thy memory. (2x)

G/B... Jordan ministereth to Thee with its streams, and John stretcheth out his corruptible hand unto Thee Who hast appeared in the flesh for baptism, O Invisible One; but the former turned back in fright, while the latter with trembling straightway touched Thee, the Incorruptible One. Verily, Thou art the Lamb of God, the ever-living Wellspring Who hath sanctified the streams, the sea and men. For the Trinity hath shone forth: from on high the Father calleth Thee His Son, and the Holy Spirit descendeth.

Canticle Four

Irmos: Thou art my strength, O Lord,/ Thou art my power, Thou art my God,/ Thou art my joy,/ Who, without leaving the bosom of the Father,/ hast visited our lowliness./ Wherefore, with the Prophet Habakkuk I cry to Thee:// Glory to Thy power, O Thou Who lovest mankind.

Glory to Thy Holy Resurrection, O Lord.

Thou didst love me, Thine enemy, exceedingly, for in a strange abasement Thou didst descend to earth, O Saviour of loving-kindness,

refusing to reject mine utter reproach; and abiding in the heights of Thine all-pure glory, Thou hast glorified that which before was dishonoured.

Who is not filled with awe, beholding death destroyed by Thy Passion, O Master? For by the divine power of Thee Who wast crucified was corruption put to flight by the Cross and hades emptied of its riches by Thy death. Wondrous are Thy works, O Thou Who lovest mankind!

Theotokion

Thou art the boast of the faithful, O thou who knewest not wedlock, and thou art also the refuge, bulwark and haven of Christians; for thou bearest entreaties to thy Son, O most immaculate one, and savest from misfortunes those who with faith and love know thee to be the pure Theotokos.

Glory to Thee, Our God, glory to Thee!

O most radiant Word, Who hast been sent forth by the Father, Thou comest to repel utterly the night of evil darkness and to uproot the sins of men, and by Thy baptism to draw forth children of light from the streams of the Jordan, O Good One.

When he saw in very truth the Word Who had been foretold, the herald bore witness of Him to creation, and cried, plainly saying: "This is He Who was before me, yet cometh after. Though like us in form, He hath shone forth with divine power to take away our hateful sin!"

That He might bring His own back to the lifegiving pastures of paradise, the Word of God layeth siege to the lairs of the dragons, and destroying their manifold snares, he assaileth him who hath bruised all mankind, and, imprisoning him, delivereth creation.

Holy father Theodosius, pray to God for us!

Thou didst crush the heads of the dragons in the waters, and by the Spirit hast made me a man wholly new, O Word of God. Wherefore, I cry out to Thee: Glory to Thy power, O Lord!

Emulating Christ, Who bowed His head before the Forerunner, in thy submission and excellent humility, O father Theodosius, thou didst ascend the unshakable tower of virtue.

Serving the Virgin Mother of Christ God, thou didst receive the invincible grace of the Spirit, O father Theodosius, and hast cast down the invisible foe.

The glorious cave of the magi, which received thee, O Theodosius, showed thee to be a bearer of gifts unto Christ Who was baptized for our sake, offering Him faith, hope and love.

Glory... Strengthened by the sufferings of Christ the Master, O father Theodosius, thou didst endure torment with a loving conscience, struggling against the dark prince of this world.

Both... In thy womb didst thou conceive the Lord without seed, and thou gavest birth unto Him who, incarnate, saveth the world by thine intercessions. Wherefore we cry unto thee: Rejoice, O Ever-virgin Mistress!

C. Katavasia (Tone 2)

He whom Thou hast called, O Lord,/ 'The voice of one crying in the wilderness,'/ heard Thy voice when Thou hast thundered upon many waters,/ bearing witness to Thy Son./ Wholly filled with the Spirit that had come he cried aloud:// 'Thou art Christ, the wisdom and the power of God.'

Canticle Five

Irmos: Wherefore hast Thou turned Thy face from me,/ O Light never-waning?/ And why hath a strange darkness covered me, wretch that I am?/ But turn me, and guide my steps// to the light of Thy commandments, I pray.

Glory to Thy Holy Resurrection, O Lord.

Mocked, Thou didst deign to be clad in a purple robe before Thy sufferings, O Saviour, thus covering the ugly nakedness of the first-created man; and, naked, Thou wast nailed to the Cross in the flesh, O Christ, stripping off our robe of mortality.

Arising, Thou didst fashion anew from the dust of death my fallen essence, O Christ, and didst render it never-aging, showing it again to be a royal image, resplendent in the life of incorruption.

Theotokion

Possessed of maternal boldness before thy Son, O most pure one, dismiss not the thought of us as thy kin, we pray thee; for thee alone do we Christians set before the Master, to obtain merciful purification.

Glory to Thee, Our God, glory to Thee!

Beholding him whom He had formed of dust bound by inescapable bonds in the darkness of sin, the Creator raised him up and laid him on His shoulders; and now, in the midst of abundant waters, He cleanseth him of the ancient shame of Adam's inclination toward sin.

With piety let us eagerly hasten to the most pure wellsprings of the stream of salvation: and, gazing upon the Word Who is come forth from the incorrupt Virgin, let us drink the pure water which quenqueth our holy thirst, gently healing the infirmity of the world.

Holy father Theodosius, pray to God for us!

He Who renewed us in the waters having set fire to thy mind, which was subdued by asceticism, O most blessed Theodosius, thou didst wisely make thy body steadfast by spiritual ascents.

Ever setting the doctrine of death as a rule of thy life, and yearning to depart unto Him Who manifested Himself in the flesh for our sake, thou didst fashion a coffin for thyself, O Theodosius.

Glory... Thy glorious disciple Basil, O Theodosius, emulating the voluntary death of Christ, maketh ready a new grave, rejoicing.

Both... Lo! O most pure Theotokos, thou didst have Christ God in thy womb, in manner past recounting, as Isaiah foretold; and thou gavest birth unto Him supernaturally, O Theotokos.

C. Katavasia (Tone 2)

Jesus, the Prince of Life,/ has come to set loose from condemnation Adam the first-formed man;/ and though as God He needs no cleansing,/ yet for the sake of fallen man He is cleansed in the Jordan./ In its streams He slew the enmity// and grants the peace that passes all understanding.

Canticle Six

Irmos: Cleanse me, O Saviour,/ for many are my transgressions/ and lead me up from the abyss of evils, I pray,/ for to Thee have I cried,// and Thou hast hearkened unto me, O God of my salvation.

Glory to Thy Holy Resurrection, O Lord.

By a tree the author of evil mightily cast me down; but, having been uplifted upon the Cross, Thou, O Christ, didst with greater might cast him down, putting him to shame; and thou didst raise up him who was fallen.

Rising from the grave, Thou didst take pity on Sion, by Thy divine blood making it new instead of old, in that Thou art compassionate; and Thou now reignest therein forever, O Christ.

Theotokion

Let us be delivered from grievous transgressions through thine entreaties, O pure Theotokos, and let us receive the divine effulgence of the Son of God, Who ineffably became incarnate of thee, O all-pure one.

Glory to Thee, Our God, glory to Thee!

The prophet, mysteriously swallowed up for the space of three nights in the belly of the sea monster, emerged again, making manifest beforehand to all our regeneration in the last times, and our deliverance from the dragon that slayeth mankind.

When the shining vaults of heaven were opened, he who knew the Scriptures beheld the Spirit, Who proceedeth from the Father and abideth in the all-pure Word, descending in ineffable manner in the form of a dove; and he commanded the multitudes to hasten to the Master.

Holy father Theodosius, pray to God for us!

In Thy resurrection Thou hast given us incorruption, O Christ; wherefore, the glorious Basil, Thy favored one, is shown in death to be like one who is yet alive.

God is baptized, Who cleanseth the world and became a man like me for my sake. Him didst thou proclaim to be dual in nature, O blessed Theodosius.

Glory... The torrents of thy tears poured forth the sweetness of gladness in Christ God, Who transformed the tears of the myrrh-bearing women into joy, O Theodosius.

Both... Vouchsafe unto me thy lovingkindness, O thou who gavest birth unto the most merciful Word, Who hath delivered men from corruption by His own blood.

C. Katavasia (Tone 2)

The Voice of the Word, the Candlestick of the Light,/ the Morning Star and Forerunner of the Sun,/ cried in the wilderness to all the peoples:/ 'Repent and be cleansed while there is yet time.// For lo, Christ is at hand, Who delivers the world from corruption.

P. Small Ectenia

C. Kontakion (Tone 8)

By rising from the tomb, Thou didst resurrect Adam./ Eve exults in Thy Resurrection,// and the world celebrates Thy rising from the dead, O greatly merciful One.

R. Ikos

O my long-suffering Saviour, Bestower of life Who lovest mankind, Who captured the kingdoms of hades and raised up the dead, Thou didst greet the myrrh-bearing women, offering them joy instead of grief, didst proclaim signs of victory to Thine apostles, and dost enlighten creation. Wherefore, the world rejoiceth at Thine arising from the dead, O greatly Merciful One.

Canticle Seven

Irmos: Once, in Babylon,/ the fire stood in awe of the condescension of God;/ wherefore, the youths, dancing with joyous step in the furnace,/ as in a meadow, chanted:// Blessed art Thou, O God of our fathers!

Glory to Thy Holy Resurrection, O Lord.

Thy glorious abasement, the divine riches of Thy poverty, O Christ, amaze the angels who behold Thee nailed to the Cross to save those who cry out with faith: Blessed art Thou, O God of our fathers!

By Thy divine descent Thou didst fill the nether regions with light, and darkness which before reigned as tyrant was driven away. Wherefore, those held prisoner from ages past arose, crying: Blessed art Thou, O God of our fathers.

Triadicon

Theologizing in Orthodox manner concerning Thee, we declare Thee unto all as the Lord, the only Father of the only-begotten Son, acknowledging that from Thee proceedeth the one upright Spirit, Who is of the same nature and is equally eternal.

Glory to Thee, Our God, glory to Thee!

The fierce Assyrian flame that prefigured Thee hast Thou quenched, transforming it into dew. And now, O Christ, Thou hast clothed Thyself in water as in flame, and Thou burnest up the baneful malice concealed in its depths, which calleth men to fall with faltering step.

When the Jordan was parted of old, the people of Israel passed clean over on dry ground, prefiguring Thee, O most powerful Lord, Who now bearest up creation in the waters without touching it, leading it to a better and imperishable path.

We know that in the beginning Thou didst in Thy mercy, bring the waters of the flood upon the earth to destroy every living substance that Thou hadst made. And now, O Christ, Who workest wonders strange and most great, Thou hast drowned sin in the waters of Thy compassion, unto the salvation of mortal men.

Holy father Theodosius, pray to God for us!

Blessed and most glorious art Thou, O Lord, Word divine, supremely exalted God, Who in Thy baptism united the stream which burneth up sin and the flame which bedeweth the human race.

Thou didst burn thyself as incense before Him Who made the Jordan a furnace, O venerable one; and accepting a heavenly flame as a true indication of God's approbation, thou didst erect a temple for the salvation of men's souls.

By thy tactics the children of Moses came to submission when grace manifested itself, O venerable one; for, having laid low the invisible foe, thy people have inherited the city of heaven, O all-lauded one.

Thou didst make of thyself a habitation for Him Who buried sin in the streams of the Jordan, O God-pleasing Theodosius, while also erecting a temple wherein to offer up unceasing hymnody; and thou didst make it a rule that praises be chanted in many languages.

Glory... Emulating the boldness of the youths, thou didst quench the tyrant's threat of fire, wisely interceding for the Church of Christ, O father Theodosius, for which the Crucified willingly manifested Himself in the flesh.

Both... Thou alone hast manifested an all-pure conception and an incorrupt birthgiving, while remaining a Virgin, O pure one; for thou didst conceive the God Who is above all things, yet Who became man for the salvation and deliverance of the faithful.

C. Katavasia (Tone 2)

The breath of the wind heavy with dew/ and the descent of the angel of God/ preserved the Holy Children from all harm,/ as they walked in the fiery furnace./ Refreshed with dew in the flames, they sang in thanksgiving:// 'Blessed art Thou and praised above all, O Lord God of our fathers.'

Canticle Eight

Irmos: Madly did the Chaldaean tyrant/ heat the furnace sevenfold for the pious ones;/ but, beholding them saved by a higher Power,/ he cried out to the Creator and Deliverer:/ ye children, bless; ye priests, hymn;// ye people, exalt Him supremely for all ages.

Glory to Thy Holy Resurrection, O Lord.

The all-divine power of the divinity of Jesus shone forth divinely within us; for, having in the flesh tasted death on the Cross for all, He destroyed the might of hades. Him do ye unceasingly bless, O children! Ye priests, hymn; ye people, exalt Him supremely for all ages!

The Crucified hath arisen! The braggart hath fallen! He who fell and was broken hath been set aright! Corruption hath been cast away, and incorruption hath blossomed forth! For death is swallowed up by Life. Ye children bless; ye priests, hymn; ye people, exalt Him supremely for all ages!

Triadicon

The thrice-radiant Godhead which shineth forth the one Ray from Its one nature in three Hypostases—the unoriginate Father, the Word, Who shareth the Father's essence, and the equally reigning Spirit Who is one in essence with Them—ye children, bless; ye priests, hymn; ye people, exalt Him supremely for all ages!

Glory to Thee, Our God, glory to Thee!

Sprinkled with dew in the midst of the fire, the three godly children plainly prefigured how the transcendent Nature, which is resplendent with most radiant rays of threefold holiness, doth, through human nature, mercifully consume all pernicious falsehood with the fire of dew.

Let the whole of earthly creation be clothed in white, for this day it is raised up from its fall to heaven; and, washed and most splendidly cleansed in the flowing waters by the Word, by Whom all things are preserved, it hath escaped its former sins.

Holy father Theodosius, pray to God for us!

Once, in Babylon, the furnace prefigured the streams of the Jordan, which consumeth the adversary by divine baptism, yet bedeweth the faithful who chant: Bless the Lord, all ye works of the Lord!

Having eluded the carnal passions before thy departure, O Theodosius, drawing forth water from the bosom of the earth thou appearest to the youth who crieth: Bless the Lord, all ye works of the Lord!

It was the most divine command of Christ, Who was baptized in the streams of the Jordan, that the blessing of thy hands should bring forth deep-lying water for a land parched by the burning sun; for a kernel of wheat was seedlessly nurtured to become an abundant crop.

Having entered the noetic darkness of the Light most divine, O Theodosius, and had thy heart inscribed by the finger of God like the

tablets of the law, thou didst transmit the book of life, the teachings of piety, to thy disciples, O most blessed one.

When the woman who emulated the steadfast faith of the woman with an issue of blood touched thy hairshirt, O father, her affliction fled like darkness before the light which was in thee; for thou wast a chosen vessel of Christ Who hath manifested Himself.

Let us bless Father, Son, Holy Spirit, the Lord!

Beholding Thee, God begotten of God, Christ Who hast ineffably appeared in the body, we have also come to know Thy Father and Thy Holy Spirit, crying: Bless the Lord, all ye works of the Lord!

Both... Without seed didst thou conceive Him Who is not separated from the Father, and Who as man and God made His abode within thy womb; and thou gavest birth unto Him. Wherefore, we know thee to be the salvation of us all.

We praise, we bless, we worship the Lord, praising and supremely exalting Him unto all ages.

C. Katavasia (Tone 2)

The Babylonian furnace,/ as it poured forth dew,/ foreshadowed a marvelous mystery;/ how the Jordan should receive in its streams the immaterial fire,/ and should encompass the Creator, when He was baptized in the flesh.// Him do ye peoples bless and exalt above all forever.

P. Magnificat

C. Song of the Most Holy Theotokos.

Canticle Nine

Irmos: Heaven was stricken with awe,/ and the ends of the earth were amazed,/ that God hath appeared in the flesh, / and that thy womb became more spacious than the heavens./ Wherefore, the ranks of men and angels// magnify thee as the Theotokos.

Glory to Thy Holy Resurrection, O Lord.

Being simple in Thy divine and beginningless nature, Thou didst render Thyself compound by taking on flesh, subsuming it within Thyself, O Word of God; and having suffered as a man, as God Thou didst remain beyond suffering. Wherefore, we magnify Thee in two natures, indivisible and unconfused.

O Most High, Who becamest man by nature while of the divine nature of God the Father, coming down to Thy servants Thou didst tell them of God; and having risen from the tomb, Thou didst endow mortals with the grace of the Father Who is by nature God and Master, and with Whom we all magnify Thee.

Theotokion

In manner transcending nature, O Virgin Mother of God, thou wast shown to be her who gave birth in the flesh unto God the Word, Whom the Father begot from His heart before time began, in that He is good, and Whom we now

understand as transcending the human body, even though He clothed Himself in a body.

Glory to Thee, Our God, glory to Thee!

That which was revealed to Moses in the bush we see here fulfilled in wondrous manner; for as it bore fire, yet was not consumed, so hath the Virgin been preserved, who gave birth unto the Benefactor Who bringeth us light, and the streams of the Jordan suffered no harm when they received Him.

O King Who is without beginning, through the communion of the Spirit dost Thou anoint and make perfect the nature of man, and cleansing it in the pure streams of baptism, putting the arrogant might of darkness to shame, Thou now dost raise it up to eternal life.

Holy father Theodosius, pray to God for us!

Thou didst proclaim the four Councils, equal in number to the Gospels of Christ, O divinely wise Theodosius, willingly accepting the blood of martyrdom in thy zeal; and thou wast shown to be a martyr for piety though thou didst not shed thy blood.

The judgment of the unjust ruler didst thou rightly refuse to accept; and he was deposed for banishing thee, deprived of his iniquitous soul for his blasphemous words, and given over to death, as an enemy of life, O venerable one.

Mindful of thy teachings, O Theodosius, we proclaim Christ to be dual in essence, knowing there be two volitions, natural, active and autonomous in God Who was baptized in the flesh.

O namesake of the good gift which cometh from the Father of lights, thou wast a physician of souls and bodies, abundant food and drink for those languishing in starvation and thirst, vesture for the naked and correction for the fallen.

Never cease to watch over thy flock, O venerable father, mindful of thy promise that, having thee as a mediator before Christ, we have been bound firmly to an immovable anchor of hope.

Glory... O ye faithful, in Orthodox manner with hymns let us glorify the threefold unity, the Trinity one in essence, the indivisible, all-divine nature of thrice radiant Light, the one incorrupt and never-waning Radiance which hath shone Its light upon us.

Both... O all-pure Mother of God, thou art seen to be like the daybreak amid the night of life, resplendent with beams of virginity, revealing unto us the dawning of the noetic Sun of righteousness.

C. Katavasia (Tone 2)

Every tongue is at a loss to praise thee as is due:/ even a spirit from the World above is filled with dizziness,/ when it seeks to sing thy praises, O Theotokos./ But since Thou art good, accept our faith:/ Thou

knowest well our love inspired by God, // for thou art the Protector of Christians and we magnify thee.

P. Small Ectenia

C. Holy is the Lord our God...

R. Exapostilarion Eleven, (John 21:15-25)

After the divine Resurrection, the Lord, asking Peter three times: 'Lovest thou Me?' proposed him as chief shepherd of His own sheep. Seeing him whom Jesus loved following in His footsteps, he asked the Master: 'What is this?' 'If I wish,' said He 'for him to tarry till I come again, what is that to thee, friend Peter?'

Glory... Exapostilarion for the Saint

We have been purified splendidly by Thy cleansing, O Christ, and now, with festive joy, we have been enriched by the commemoration of the honored Theodosius. Wherefore, the ranks of monastics are made glad.

Both... Exapostilarion for the Feast

The Saviour appeared, grace and truth, in the streams of the Jordan, and He illumined those sleeping in darkness and shadow, for He, the immutable Light, hath come and appeared.

C. Lauds: Tone 8 Stichera

Let every breath **praise** the Lord/

Praise the Lord from the **Heavens**/

Praise Him in the **highest**/

To Thee is due a **hymn**, O God/

Praise Him, all ye His **Angels**;/

Praise Him, all **ye** His hosts.//

To Thee is due a **hymn**, O God.

R. (The following may be read or sung antiphonally)

Praise Him, O sun and moon; praise Him, all ye stars and light.

Praise Him, ye heavens of heavens, and thou water that art above the heavens.

Let them praise the name of the Lord; For He spake, and they came to be; He commanded, and they were created.

He established them forever, yea, forever and ever; He hath set an ordinance, and it shall not pass away.

Praise the Lord from the earth, ye dragons and all ye abysses,

Fire, hail, snow, ice, blast of tempest, which perform His word,

The mountains and all the hills, fruitful trees, and all cedars,

The beasts and all the cattle, creeping things and winged birds,

Kings of the earth, and all peoples, princes and all judges of the earth,

Young men and virgins, elders with the younger; let them praise the name of the Lord, for exalted is the name of Him alone.

His praise is above the earth and heaven, and He shall exalt the horn of His people.

This is the hymn for all His saints, for the sons of Israel, and for the people that draw nigh unto Him.

Sing unto the Lord a new song; His praise is in the church of the saints.

Let Israel be glad in Him that made him, let the sons of Sion rejoice in their king.

Let them praise His name in the dance; with the timbrel and the psaltery
let them chant unto Him.

For the Lord taketh pleasure in His people, and He shall exalt the meek
with salvation.

The saints shall boast in glory, and they shall rejoice upon their beds.
The high praise of God shall be in their throat, and two-edged swords shall
be in their hands.

To do vengeance among the heathen, punishments among the peoples,
To bind their kings with fetters, and their nobles with manacles of iron,

V. To do among them the judgment that is written/ This glory shall be
to all His saints.

1. Though **Thou** hast stood for trial to be judged of **Pilate**,/ Thou hast not
ceased, O Lord, to sit on the throne with the **Father**,/ and risen from
the dead, Thou hast set the **world** free/ from the bondage of the
stranger::/ for Thou art compassionate and **lovest** mankind.

V. Praise ye God in His saints,/ praise Him in the firmament of His
power.

2. **Though** the Jews laid Thee as dead in the **tomb**, O Lord,/ yet the guards
watched Thee as a **sleeping** King,/ and they sealed Thee with seals as a
treasure of life,// but Thou hast risen and granted our souls
incorruption.

V. Praise Him for His mighty acts,/ praise Him according to the
multitude of His greatness.

3. **Thou** gavest us Thy Cross as a weapon against the **devil**, O Lord:/ for
he **trembles** and quakes,/ unable to bear the **sight** of its strength;/ for
it raised up the dead and laid **death** low:// Therefore, we venerate Thy
tomb and Thy **Resurrection**.

V. Praise Him with the sound of trumpet,/ praise Him with psaltery
and harp.

4. The **angel**, having proclaimed the **Resurrection**, O Lord,/ frightened Thy
guards, yet he cried to the women, **saying**:/ Why do ye seek the living
among the dead?// God is risen, bestowing life upon the **inhabited**
earth!

V. Praise Him with timbrel and dance,/ praise Him with strings and
flute.

Stichera for the Saint (Tone 5)

5. **Having** made of thyself a house of lofty virtues, O **Theodosius**,/ thou
wast vouchsafed to dwell in the divine house of the Theotokos, and to
visit it;/ for thou didst love to gaze upon its godly **splendor**./ And
now thou beholdest the magnificence of the true **tabernacle**/ and the
ineffable beauty which the Most High hath wrought, O **venerable** one,/
wherein He causeth those to dwell who most earnestly cry **out** to Him.//
Him do thou entreat, that He send down great mercy **upon** our souls.

V. Praise Him with tuneful cymbals, praise Him with cymbals of jubilation./ Let every breath praise the Lord.

6. **C**leansing thyself with the pangs of **f**asting,/ thou wast an emulator of thy Master, O most **b**lessed one;/ for thou didst heal the affliction of her who touched the hem of thy **g**arment,/ and didst nourish those who suffered starvation in the **w**ilderness,/ pouring forth gifts from thine inexhaustible **t**reasury,/ as the namesake of the **g**ifts of God./ And thou didst preach the Orthodox Faith, O **v**enerable one,/ setting at naught the savagery of the **t**yrant, // and praying to Christ Who bestoweth great mercy **u**pon the world.

V. Precious in the sight of the Lord is the death of His saints.

7. **H**aving kindled the flame of unwavering, burning and ardent **l**ove for God,/ from heaven thou didst receive **e**ffulgence,/ the divine will commanding thee to erect a most holy temple of **v**irtue,/ where thy much-suffering **b**ody doth lie,/ most excellently honored by thy pure regulations, O most **b**lessed one. // Entreat Christ, that He send down great mercy **u**pon our souls.

V. What shall I render unto the Lord for all that He hath rendered unto me?

(Tone 2)

8. The ladder of the virtues hath been mystically shown forth in an **i**mage on earth./ Him let us praise as the adornment of **f**asters;/ for, having truly fasted like the great **A**nthony/ and shown infinite humility, he tended his people **p**iously/ and caused them to dwell in the holy fold, where the choir of angels **a**bideth./ And we cry out to him: Forget not even now thy flock, O most blessed **T**heodosius, // but save us by thy supplications to the **L**ord, we pray!

Glory... Gospel Sticheron (Tone 8)

Appearing after the Resurrection to Thy **d**isciples,/ O Saviour, Thou hast given Peter the **t**ending of Thy sheep,/ as a repayment of love asking for him to pasture **t**hem with care./ And therefore **h**ast Thou said:/ 'If Thou lovest Me feed My sheep, **t**end My lambs.'/ And he straightway pointing to the beloved friend, asked about the other **d**isciple:// By their prayers, O Christ, preserve Thy flock from the wolves that **d**amage it.

Both now and ever... (Tone 2)

Most Blessed art Thou, O Virgin **T**heotokos,/ for through Him Who became incarnate of thee is hades led **c**aptive,/ **A**dam recalled, the curse annulled, Eve set free, **d**eath slain,/ and we are given life. Wherefore, we cry **a**loud in praise:/ Blessed art Thou, O **C**hrist God, // Who hast been thus well-pleased, **g**lory to Thee.

The Great Doxology

Dismissal Tropar:

Having risen from the tomb, and having burst the bonds of hades, Thou hast destroyed the sentence of death, O Lord, delivering all from the snares

of the enemy. Manifesting Thyself to Thine apostles, Thou didst send them forth to preach; and through them hast granted Thy peace to the world, O Thou Who alone art plenteous in mercy.

P. Litanies
Dismissal

R. Hours
Tropar: Resurrection & Feast/Saint (alternating)
Kontak: Feast/Resurrection/Saint/Feast (alternating)

At Liturgy:

Order of Troparia & Kontakia as follows (for Temple of a saint)

Tropar Sunday
Tropar Feast
Tropar Temple
Tropar St. Theodosius
Kontak Sunday
Kontak Temple
Glory... Kontak St. Theodosius
Both... Kontak Feast

Prokimenon for the Sunday after Theophany (Tone 1)

Let Thy mercy, O Lord, be upon us, according as we have hoped in Thee.

V. Rejoice in the Lord, O ye righteous; praise is meet for the upright.

Prokimenon for St. Theodosius (Tone 7)

Precious in the sight of the Lord is the death of His saints.

Epistle(s): Eph 4:7-13 & II Cor 4:6-15

Alleluia for the Sunday after Theophany (Tone 5)

V. Of Thy mercies, O Lord, will I sing forever. Unto generation and generation will I declare Thy truth with my mouth.

V. For Thou hast said: Mercy shall be built up forever. In the heavens shall Thy truth be established.

Alleluia for St. Theodosius (Tone 6)

Blessed is the man that feareth the Lord; in His commandments shall he greatly delight.

Gospel(s): Matt 4:12-17 & Luke 18:18-27 & Matt 11:27-30

Instead of "It is Truly Meet...", Ode 9 w/refrain

Communion Verse: Praise Ye & In everlasting remembrance...